

# **Take Heed**

*I Corinthians 10:12*

**Introduction:** We don't use the word "heed" in everyday conversation, but when reading our Bibles, the children of God are constantly being warned to "take heed" to something. Heed is defined as, "(figuratively) to hold the mind." This is more than just warning against evil, but asking you to have control of your thoughts toward others and of yourself.

## I. "Take Heed" to Others

A. What you observe (*Mark 4:24, 13:23, 33*)

1. Test what you find (*James 1:19, I Thessalonians 5:21, I John 4:1*)

2. Cast down things that are against God's Will (*II Corinthians 5:10, Job 31:1*)

B. Influence of others (*Matthew 16:6, 24:4*)

1. Family can influence decisions (*Jezebel, I Peter 3:1*)

2. Friends can be a huge influence (*II Samuel 13:3, I Corinthians 15:33*)

C. Dealing with others (*Luke 17:3, II John 9-11*)

## II. "Take Heed" to Yourself

A. Of your actions (*Luke 11:35, I Corinthians 10:12*)

1. Others can see you (*Matthew 5:16*)

2. We put off the deeds of the flesh (*Romans 8:13, Colossians 3:9*)

3. We will answer for our actions (*I Samuel 2:3*)

B. Of your thoughts (*Luke 12:15, 21:34, I Timothy 4:16*)

1. Your speech and actions reveal what's in your heart (*Matthew 6:21*)

2. Everything is open before God (*Hebrews 4:12*)

**Conclusion:** By taking "hold of your mind" we can avoid evil and keep ourselves on the right path. The beginning of Christianity starts in the same way. First one must develop faith, avoid evil influences, reveal to others your faith, and join ourselves with the Lord in the obedient act of baptism.